AVSC NORDIC
TRAVEL CHECKLIST

- ☐ Pre-arranged absence
- ☐ Race waiver(s) (not required for all races – see race info sheet)
- ☐ Homework
- ☐ Skis, Boots, Poles
- ☐ Team jacket & warm-ups
- ☐ Team ski suit
- ☐ Under layers (long-underwear, fleece, etc)
- ☐ NC: Jump suit
- ☐ NC: Helmet & goggles
- ☐ Watch
- ☐ Hats and gloves
- ☐ Water bottle and carrier
- ☐ Snow boots
- ☐ Warm street clothes
- ☐ Extra socks
- ☐ Watch (so you don't miss your start)
- ☐ Sunglasses
- ☐ Sunscreen, toothbrush, toothpaste, etc
- ☐ Sleeping bag if you don't want to share the covers
- ☐ Cash for meals, snacks & incidentals
- ☐ Swimsuit (optional)

Add your own packing reminders:

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____